

State Plan under Title XIX of the Social Security Act  
Medical Assistance Program

Supplement <sup>18</sup> to Attachment 3.1-A  
Page 1 of 2

Targeted Case Management Services

- A. Target Group: First-time pregnant women and their first baby up to the child's second birthday
- B. Area of State in which services will be provided:
- (X) Entire State
- C. Comparability of Services:
- ( ) Services are provided in accordance with Section 1902(a)(10)(B) of the Act.
- (X) Services are not comparable in amount, duration and scope. Authority of Section 1915(g)(1) of the Act is invoked to provide services without regard to the requirements of Section 1902(a)(10)(B).
- D. Definition of Services:

Nurse home visitors provide targeted case management services to first-time pregnant women from early in the pregnancy through the child's second birthday through assessment of the needs for health, mental health, social service, educational, housing, child care and related services of the women and children; development of care plans to obtain the needed services; referral to resources to obtain the needed services, including to medical providers who provide care to Medicaid-eligible pregnant women and children; and routine monitoring and follow-up visits with the women in which the progress in obtaining the needed services is monitored, problem-solving assistance is provided and the care plans are revised to reflect the women and children's current needs. All case management services are provided in a partnership relationship between the nurse home visitors and the women to develop the mothers' skills and self-efficacy to improve pregnancy outcomes, child health and development and economic self-sufficiency. The nurse home visitors provide referral information and the opportunity for the mothers to practice skills needed to plan, problem-solve and to access services successfully.

-continued-

TN No. 01-014 Approval Date 03/19/02 Effective Date 01/01/02  
Supercedes TN No. NEW



E. Qualifications of Providers:

Providers must meet established program training requirements, program protocols, program management information systems and program evaluation requirements on research-based model programs that have demonstrated significant reductions in: infant behavioral impairments, the number of reported incidents of child abuse and neglect, the number of subsequent pregnancies, receipt of public assistance, and criminal activity. The nurse home visitors are required to be Bachelor's prepared Registered Nurses, licensed as professional nurses in Colorado or accredited by another state or voluntary agency that the state board of nursing has identified by rule as one whose accreditation may be accepted in lieu of board approval. The nurse supervisors are required to be nurses with master's degrees in nursing or public health, unless the implementing entity can demonstrate that such a person is either unavailable within the community or an appropriately qualified nurse without a master's degree is available.

F. The State assures that the provision of case management services will not restrict an individual's free choice of providers in violation of Section 1902(a)(23) of the Act.

1. Eligible recipients will have free choice of the providers of case management services.
2. Eligible recipients will have free choice of the providers of other medical care under the plan.

G. Payment for case management services under the plan shall not duplicate payments made to public agencies or private entities under other program authorities for this same purpose.

TN No. 01-014 Approval Date 03/19/02 Effective Date 01/01/02  
Supersedes TN No. NEW

42-0095-715 147